

# 2026 Prenatal Classes & Birth Center Tours

Free virtual classes — everyone welcome!

## Prenatal Classes ♥

Learn what to expect during childbirth and how to prepare for your new baby.

**When:** Wednesdays

**Time:** 6–8 p.m.

### 2026 Class Dates

Jan 7, 14, 21 • Mar 4, 11, 18 • May 6, 13, 20  
Jul 15, 22, 29 • Sept 9, 16, 23 • Nov 11, 18, 25

### How to Join

Virtual on Microsoft Teams using the QR code or link below.

Meeting ID: 216 088 488 828

Passcode: 4axiVD

Link: [tinyurl.com/mryjt2fm](https://tinyurl.com/mryjt2fm)

Contact: Maria Castellon, BSN, RNC  
[maria.castellon@venturacounty.gov](mailto:maria.castellon@venturacounty.gov)  
805-652-6090

## Birth Center Tours 📍

**When:** 2nd Tuesday of each month

**Time:** 4:30, 5:00, 5:30 p.m.

**Where:** Meet in the hospital cafeteria

### 2026 Tour Dates

Jan 13 • Feb 10 • Mar 10 • Apr 14 • May 12 • Jun 09  
Jul 14 • Aug 11 • Sep 8 • Oct 13 • Nov 10 • Dec 8



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